



FAMILIES

Produced by Feld Entertainment

Disney
ON ICE
EDUCATION PROGRAMME

**Fit to
Dance**

STORY IDEAS

Please use this sheet as inspiration to help your children create their story. The more that comes from their own imagination the better but these might help them to get started, especially with younger children.

Many of the ideas below connect to suggestions for dance movements on the Dance Ideas and Dance Steps sheets, to help you turn the story into a dance when you are ready.

To begin with, the children decide on the characters and setting for their story and the reason for their quest. We have provided some ideas from classic Disney stories for inspiration, but your children may well have their own ideas about who is going to play the starring role!

In the middle of the story the children decide on an obstacle or obstacles that their characters meet and have to get over, around or past. At the end of the story the children decide how their quest is resolved and think about the return journey to the place where the story began.

THE QUEST

Quests normally involve a journey with a particular objective, e.g. to rescue someone, or to find a lost object, or to do a particular thing. Encourage your children to think along those lines when thinking about the reason for their story.

SOME IDEAS FOR CHARACTERS

Dragon, Fairy, Mermaid, Fish, Prince, Princess, Army Cadet, Witch, Wizard, Snowman, Reindeer, Bear, Pirate.

SOME DESCRIBING WORDS FOR THEIR CHARACTERS

Powerful, light, heavy, huge, nimble, funny, happy, proud, grumpy, cheerful, strong, shy, cross, noble.



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SOME ACTIONS THE CHARACTERS MIGHT DO

Sweeping up leaves, swimming with dolphins, making a fire to keep warm, crossing a busy street, waving hello to a friend, building a snowman, picking fruit or flowers, riding a horse or rowing a boat.

SETTINGS WHERE THE STORY BEGINS OR THE CHARACTERS TRAVEL THROUGH

Under the sea, a dark cave, a wood with tall trees, a busy city or a snowy mountain.

SOME IDEAS FOR OBSTACLES ALONG THE WAY

- An enchanted pear orchard: The branches can suddenly throw rotten pears at you. Watch out!
- The lily pad lake: A hungry crocodile is hiding in here, but there are six lily pads that make a path across.
- The sleeping troll: Deep in his cave this troll can't see very well but has excellent hearing! Tiptoes only!
- A whirlpool under the sea: Be careful - the whirlpool will try to suck you in.
- A busy street. Lots and lots of people, all hurrying to get to work or catch a bus and not looking where they are going.
- The icy bridge: It is so slippery that you have to move very slowly otherwise you will end up in the freezing river.